

better breakfast bureau

omelettes made with free-run eggs; with hashbrowns & sourdough or multigrain toast
choose a two egg or three egg omelette

		two eggs · three eggs
veggie: arugula, tomato, peppers, asparagus	13	14.50
loaded: peppers, mushrooms, onion, ham & cheddar	14	15.50

CLASSIC egg breakfast


prepared as you like; with hashbrowns & sourdough or multigrain toast **one egg: 6.50; two eggs: 8.50**

two eggs with thyme-roasted tomatoes	10.50	two eggs with bacon	11.50
two eggs with carved Vancouver Island ham	11.50	two eggs with Fraser Valley sausage	11.50

benedicts two poached eggs and real hollandaise sauce on a toasted english muffin;
with hashbrowns. Choose traditional or basil hollandaise sauce

 smoked BC salmon, lightly pickled red onions & capers	15
carved Vancouver Island ham	13
thyme-roasted tomatoes & spinach	13
slow-braised short rib & crispy onions	15

SOUTH OF THE BORDER

 **huevos rancheros** **15**
open-faced corn tortillas with refried beans, salsa,
fresh avocado and two eggs cooked your way; with
hashbrowns

Puerto Vallarta wrap **14**
scrambled eggs, cheddar, mozzarella, salsa and sour
guacamole wrapped in a flour tortilla; with
hashbrowns

SAVOUR the sweetness

lemon ricotta pancakes topped with lemon curd	13
grilled cinnamon bun with cream cheese frosting	5
stuffed blueberry french toast two pieces, with maple syrup	12

QUENCH


cold & sweet... orange · apple · grapefruit · pineapple **6 oz 1.95; 12 oz 2.95**

coffee 2.35 · hot chocolate 2.75 · orange pekoe tea 2.00 · milk 2.35 · chocolate milk 2.95

organic tea 2.50... earl grey · english breakfast · sencha pure green · masala chai spiced · tart berry
chamomile · tart meyer lemon · decaf english breakfast · peppermint

green your breakfast: substitute green salad for hashbrowns 1.95
substitute side of fruit for hashbrowns 1.95 · substitute toast for bagel or gluten free bread \$2

LIGHTER APPETITES

Croissant BLT 8 bacon, tomato, and crisp lettuce in a fresh croissant
 lox bagel 10 toasted bagel with cream cheese, smoked BC salmon, capers & pickled red onion
a mini box of cereal 4