

# starters

crispy cod tacos 17

three tacos with beer battered local BC rock cod, house-made slaw, & salsa; with parsley and lemon

wings 15

tender & crispy double-cooked salt & pepper wings; celery, carrot & cucumber, ranch dip *choose...* · cajun · blue cheese · teriyaki · blazin' blue · house chili-lime · sweet chili · honey garlic · hot

poutine half/full 14/16

made with house-cut BC Kennebec potatoes, cheese curds and gravy  
add bacon 3; add fried free-range egg 2

local clams half lb/one lb 14/26

fresh clams in a classic white wine-garlic cream sauce

daily soup cup/bowl 6/10

seasonal and delicious

yam fries 10

seasoned; with house-made chili mayo

house-cut fries half/full 7/10

made with house-cut BC Kennebec potatoes  
spice up your fries, add house-made chipotle mayo or truffle mayo 1.25

# salads

house greens half/full 9/13

mixed lettuces, fresh vegetables & toasted sunflower seeds  
choice of vinaigrette: balsamic, roasted garlic-avocado, honey-mustard or ranch

spinach & brie half/full 11/15

with seasonal berries, toasted sunflower seeds & choice of vinaigrette

pump up your salad *add*

wild salmon *three ounces* 10

cheddar or swiss cheese 2

garlic fried mushrooms 2

garlic grilled chicken breast *five ounces* 9

# specialties

quadra creole 24

penne pasta, spicy creole sauce, sweet plump BC spot prawns, house-made corn bread

craft beer battered fish & chips one piece 17; two pieces 21

local BC rock cod with house-cut Kennebec fries and tartar sauce

# handhelds

with your choice of french fries, cup of soup or house greens; substitute yam fries or poutine for \$4  
*gluten free bread or bun add \$4*

char-grilled beef burger 19

always a favourite: six ounce hand-made Canadian Angus beef patty; tomato, lettuce, pickle & red onion; Portofino brioche & house awesomesauce

*customize your burger experience...*

add mushrooms 2; add bacon 2; add cheddar or Swiss 2; add an extra patty 6

wild salmon burger 20

grilled sockeye salmon, tomato, lettuce, marinated red onion & tartar sauce on a peasant bun

black bean & quinoa burger 18

house-made patty; chili mayo, lettuce, pickled onion and tomato on a Portofino brioche bun




b·l·t 16

the classic: bacon, lettuce, tomato and house-made truffle mayo on sourdough

chicken brie·l·t 19

garlic-herbed chicken breast with bacon, brie, lettuce, tomato & truffle mayo on a peasant bun

all our vinaigrettes and mayos are made in-house; ask your server about gluten-free options

 = gluten-wise  = vegetarian  = hot stuff

# welcome

The Heriot Bay Inn has been serving fun-loving locals & visitors for over 100 years.

The cooperative ownership of the Inn believes prosperity and success bloom through community, authentic experiences... and awesome entertainment (when permitted).

Authentic also describes our food: we believe in sustainability and sourcing ingredients as locally as possible.

The Heriot Bay Inn is committed to protecting the health of our guests and staff. We are operating beyond government-approved spacing and protocols. Enjoy your Heriot Bay Inn & Quadra Island experience!

# cocktails

Empress gin smash 2 oz 18

Empress gin, sour cherries & lemon juice, with simple syrup and a splash of ginger ale

Quadra Island iced tea 2 oz 14

Jameson Irish whiskey, peach schnapps, gingerale, lime juice, mint

Breton Island breeze 1 oz 11

Absolut Citron vodka, pineapple & cranberry juices

feature cocktail

where our bartender's creative magic shines: refreshing seasonal flavours; your server will tell you today's special

# wine

 6oz / 9oz / ½ litre

white wine

**Southend Winery, bara, rosé** 12 / 16 / 28

Quadra Island BC · 2019

**Quail's Gate, chenin blanc** 11 / 15 / 27

Westbank, BC · 2017

**Wine O'Clock, pinot grigio** 9 / 13 / 22

red wine

**Rosemount, diamond shiraz** 12 / 16 / 29

south Australia · 2018

**Wine O'Clock, merlot** 9 / 13 / 22

# on tap

glass / mug / pitcher

Piper's Pale Ale & Alexander Keith's 4.50 / 7.75 / 21

Blue Buck Ale, Dark Matter, Fat Tug IPA, feature 5 / 8 / 22

Merridale Cider 5.75 / 9.75 / 29

# bottled beer

import 7.75

Beck's; Corona; Heineken; 1664 Blanc; Miller Genuine Draft; Stella Artois; Guinness

premium 7.50

Phillips Blue Buck; Steamworks Pilsner; Steamworks Pale Ale; Steamworks IPA; Hoyne Pilsner; Hoyne Helios; Hoyne IPA

standard 7.25

Budweiser; Bud Light; Canadian; Coors Light; Kokanee; Keith's India Pale Ale; Keith's Red Amber Ale; Labatt's Blue; Lucky

non-alcoholic 6.25

O'Doul's Lager; O'Doul's Amber Ale; Clausthaler; Budweiser Prohibition;